

MIKE WOROBEL MARTIAL ARTS, LLC

2017 Fall Schedule

Effective: September 11, 2017

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Saturday</u>
Juniors 4:00pm-4:45pm	Adults 9:00am-10:00am	Ninja/Dynamites 3:30pm-4:15pm	Adults 9:00am-10:00am	Adult/Teen 8:00am-9:00am
Adv. Juniors 5:00pm-5:45pm	Ninja/Dynamites 4:00pm-4:45pm	Juniors 4:30pm-5:15pm	Juniors 4:30pm-5:15pm	Ninja/Dynamites 9:00am-9:45am
Jr. Brown Belt 6:00-6:45	Juniors 5:00pm-5:45pm	Open Mat 5:30pm-6:30pm	Adv. Juniors 5:30pm-6:15pm	Juniors/Adv.Jrs 10:00am-10:45am
Adults 7:00pm-8:00pm	Adv.Juniors 6:00-6:45	*Adult/Adv. Jr 6:30pm-7:30pm	Adult/Teen 6:30pm-7:30pm	Juniors/Adv.Jrs 11:00am-11:45am
Teaching 8:00pm-8:30pm	Jujitsu 7:00pm-8:00pm	*this class is split upstairs & downstairs	Jujitsu 7:30pm-8:30pm	

- **For all classes, plan to arrive 5-10 minutes before class to stretch out in our stretching area.**
- **Additional classes will be added based on demand - minimum of 6 students.**
- **No Classes on the following days:**
 - **November 23-25 (Thanksgiving)**
 - **December 23-January 1 (Christmas/New Years)**

ninja/dynamite
juniors
advanced juniors
Junior brown
adult/teen
teaching/open mat
jujitsu
mixed level classes

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