

White to White/Orange	White/Orange to Orange	Orange to Orange/Purple	Orange/Purple to Purple
Hand Strikes _____ Kicks _____ 8-Point Blocking System _____ Combination 6 _____ Combination 7 _____ Universal One _____ First Kenpo Punch Technique _____ Temple/Kidney/Groin _____ 1st Overhead Club Technique _____	Driving Elbows Front Ball Kick _____ First Front Choke _____ Combination #5 _____ 1st Side Club _____ 1st 1/2 Combination #3 _____ 1st Wrist Grab _____	Crescent & Spinning Back Kicks _____ 1st 1/2 of One Pinan _____ 1st Rear Choke _____ 2nd 1/2 of One Pinan _____ Ten Year Headache _____ 2nd Overhead Club Technique _____	Falling _____ 1st Label Grab _____ 2nd Label Grab _____ Temple/Kidney/Groin w/leg hock _____ 2nd 1/2 of Combination #3 _____ Rear Bear Hug Arms Free _____ Spin Around Elbow to the Spine _____ Advanced Hand Strikes _____
Purple to Purple/Blue	Purple/Blue to Blue	Blue to Blue/Green	Blue/Green to Green
2nd Front Choke _____ Hook Kicks _____ 1st Cross Club _____ Basic Leg Hock _____ Combination #18 _____ Double Back Kicks _____ Hurricane & Tornado Kicks _____	Circular Blocks _____ Ridgehands _____ 1st 1/2 of One Kata _____ 2nd Side Club _____ 2nd 1/2 of One Kata _____ Triple Hammers _____ Swordhand/Swordhand/Front2/Front2 _____ Review Crescent Kicks _____ Red Stripe _____	Two Pinan _____ Upward Block Poke to the Nerve Center _____ Inward Palm/Thrust Punch _____ Front Sweep _____ Combination #2 _____ Swordhand Block/Inward Palms _____ Spinning Reverse Crescent Kicks _____ Red Stripe _____	Two Kata (1 into 2 Kata) _____ Circular Trap Blocks _____ Shuffling Crosshand Swordhand _____ Circular Chicken Wrist _____ Reverse Crescent Roundhouse _____ 1st Knife _____ 3rd Overhead Club _____ Wheel Kicks _____ Red Stripe _____
Green to Green/Brown	Green/Brown to Brown	Brown to Brown/Black	Brown/Black to Black
1/2 Mooning Backwards Roundhouse Instep _____ The Weave _____ Combination #8 _____ 2nd Knife _____ Circular Backfist Wheel Kick _____ Jump Spinning Reverse Crescent Kick _____ Combination #4 _____ Twist Stance Palm Heels _____ BO Form _____ Red Stripe _____	1st 1/2 of Statue of the Crane _____ Combination #12 _____ 2nd 1/2 of Statue of the Crane -tournament style _____ Head Lock Technique _____ Akido Punch Technique _____ Combination #3 Inside _____ 2nd Wrist Grab _____ Circular Neck Break _____ 3rd Side Club _____ Red Stripe _____	Three Pinan _____ Belt Technique _____ Single Wrist Grab _____ Cross Wrist Grab _____ Cat Stance 45 _____ 2nd Cross Club _____ Combination #13 _____ 3rd Knife A _____ 3rd Knife B _____ Cat Stance Claw _____ Ridge Hand Choke _____ Red Stripe _____	Combination #15 _____ Combination #17 _____ Five Pinan _____ Punches out of Honsukee _____ T-off _____ Pressing Palm/Hook Roundhouse _____ Double Knee Claw _____ Circular Trap Arm Bar _____ Red Stripe _____